

# ***MAAN JEE WELFARE SECONDARY SCHOOL***

***Under the auspices of  
MOVE FOUNDATION PAKISTAN  
News Letter February***

**Founder**

**Mrs. Shamim Bilgrami**

**Educationalist & Social Worker**

**C.E.O.**

**M. Javed Akhtar**

**Principal**

**Seema Asif**

## ***Highlights of the month:***

- \* Commencement of Annual Examination***
- \* Visit to Pepsi Company***
- \* Visit from Group M***
- \* W.Coolers from Group M***
- \* CEO Monthly Meeting***
- \* Work Shop***
- \* Founder Meeting***
- \* Kashmir Day***



*This leading English-medium school in the Nusrat Bhutto Colony, Mustafa Abad locality was founded by Mrs. Shamim Bilgrami, who is a highly-respected educationist and social worker. Mrs. Bilgrami has worked in the Nusrat Bhutto Communities for over 25 years now. She is generally known as “Maan Jee” (meaning ‘mother’) amongst the residents due to her devotion to the well being of residents and their children. Maan Jee School has been named in honor for her contribution to these communities. This school pays particular attention to the training of teachers, teaching tools & techniques used and an overall personality development of students of these underprivileged areas.*

## Commencement of Annual Examination 2017-2018:

The month of February was very important. The academic Session will end on 31<sup>st</sup> March 2018. All the teachers were assigned to prepare question paper for the Annual Examination. The principal checked these papers to remove errors. The oral Examination began from 19<sup>th</sup> Feb 2018 and the written examination started from 26<sup>th</sup> Feb 2018. All teachers are busy in their papers checking. The checked papers are rechecked and recounted and finally master checked by the principal. The result will be announced on 31<sup>st</sup> March 2018.



## Visit to Pepsi Company:

On 11<sup>th</sup> feb 2018, Maanje school's secondary campus went to the Pepsi factory with collaboration of Group M, where the representative guided us inside the factory and informed us about the history of the Pepsi Company. He showed us around the manufacturing process-Starting from the storage of the raw materials, plastic, molds caps, carton, cans, concentrated syrup, water, sugar and  $\text{CO}_2$  to the containers required for the drink and then the preparation of the finished product. At the end of the tour we were given an opportunity to ask questions which further helped to enhance our understanding. The soft drinks and



small gifts provided towards the ends.

## **Visit From Group M:**

Mr. Farman Ullah along with his colleague visited the Maanjee School and met principal. He discussed various matters related to facilities and assured his complete cooperation for the resolution issues.

## **Water Coolers from Group M:**

Group M visited school and took notice of issues related to amenities. They arranged two water cooler for the students All the children and staff were very satisfied to have these facilities.





## CEO MONTHLY MEETING IN THE SCHOOL :

A monthly meeting was held in the month of Feb,2018. Matters related to various academic and management issues principal were discussed with Mr. Javed Akhtar (CEO Move foundation Pakistan) .



He contributed with his pertinent suggestions to handle such issues.

In the second part of the meeting the management issues were discussed, various matters related to facilities and assured his complete cooperation for the resolution. He always support the activities and mission of Maanjee.



## **A Workshop was held on 8th Feb 2018.**

On February 8<sup>th</sup> we attended a work shop title “Stress Management” we learnt how we can reduce and control stress, When we follow these point we will be feel relaxation.

By a proper sleep

With Regular exercise

Take clean and healthy diet

Shower with hot water

By avoiding caffeine.

We can also find different task around the house which we can do from start till end. call up an image of beautiful relaxing scenery from a previous vacation or an outing. They also taught us to do not rely on T.V as a tranquilizer. Take some time yourself everyday. We also learnt attitude change by changing our expectations, stop expecting to be perfect-either at home or on the job. We can also avoid stressful situation by expanding our supports system find a mentor be objective have a healthy attitude towards our job and life. All my team enjoyed and learnt a lot from the whole session





## **Meeting with Founder(Shamim Bilgrami):**

Meeting with founder (Maan jee welfare school) shamim Brilgrami called a meeting with principal (Seema Asif) on 2<sup>nd</sup> Feb,2018 at Bilgrami`s home. The agenda had two parts in the first part, Matters related to various academic issues, were discussed. The principal informed and discussed various issues. The principal told to Bilgrami that the teaching staff would continue working with high level of determination. She said to the principal,“life is like a large piece of marble and you are the sculptor. The mind, will and skill of a sculptor decide the shape of this marble Likewise, your mind, will and skill will help shape your life. Do not allow circumstances to restrict your dreams! Learning does not end when one leaves school.





## Kashmir Day on 5th February, 2018:

An usual Kashmir Day was celebrated on 5<sup>th</sup> Feb, 2018 on this day people of Pakistan show their solidarity with the cause of Kashmir and Kashmiri people. Students were informed about the Kashmir issues with a historical perspective.

They were informed how the Kashmir issue was erupted at the time of Independence and how India tried to capture the territory. Students were also informed that the importance of Kashmir for Pakistan as it's the main source of water, which is imperative for the existence of Pakistan.

